

Civic Morning Musicals'

Junior Pro Art



Dedicated to sustaining and nurturing the cultural climate of Central New York through the sponsorship and presentation of many outreach programs supporting the musical development of talented area youth.

2007-2008

January 11, 2008

Dear Students and Junior Pro Art Supporters:

The Junior Pro Art ("JPA") student leadership and its board are pleased to announce the dates and topics for the next four events of the 2007-2008 season. All events will be on Sundays at the First Unitarian Universalist Society of Syracuse on the corner of Waring and Nottingham Roads, beginning at 7 p.m.

We are so fortunate to have JPA guided by such wonderfully enthusiastic, talented, and knowledgeable musical masters, serving on our board; attending our events as special guests, panelists, and piano collaborators; and contributing to the nonjudgmental critical feedback process after our performances. If you have not yet attended one of our events, you've been missing out! You're welcome to attend all or any of the following future events:

- January 20, "Setting Your Mental Stage": We will explore understanding and constructively managing performance stress as well as practice a few simple principles that may expand your performance power. We will discover the roots of performance anxiety, how it evolves, and the best practices for managing it and turning it to your advantage. How does the artist "find the zone"—that higher level, intuitive state of performing from which real artistry flows?
- February 24, "Expanding Your Performance Power"
- March 30*, "Does Practice Make Perfect?"
- April 20, "Getting Off Book—A Look at Developing Memory"

And we are in the process of finalizing plans for the final two events of the season: 1) a master class with Maestro Daniel Hege of the Syracuse Symphony Orchestra**, and 2) a year-end picnic.

JPA events typically contain a learning component and a performance opportunity. If you would like to perform, it is not necessary to sign up in advance; however, you may do so by e-mailing or calling me. You may also sign up on the performance roster when you arrive for the event. All performers should arrive by 6:45 p.m. Note: All performance opportunities are on a first-come, first-served basis; those who performed last month will go to the end of the list; and if time runs out and you did not perform, you will have first priority the following month. Performances, including optional critical feedback, will be limited to 15 minutes. If you need piano accompaniment for the January 20 event, please send a copy of your music by Thursday, January 17, to Mr. Nathan Sumrall, 600 James St., Apt. 505, Syracuse, NY 13203.

Students, you do not need to be a member to attend, although membership is encouraged. Teachers, parents, and other supporters of Junior Pro Art are welcome to attend, learn with us, and enjoy! We will be collecting \$5 at the door to help defray our costs. If you have any questions, please contact me (446-9037) or Andrew King (446-0736).

Sincerely,

Steven Seigart
Student Leader

*A change from March 23

**You must be a JPA member and have attended 3 previous JPA events to have an opportunity to perform at this event.